



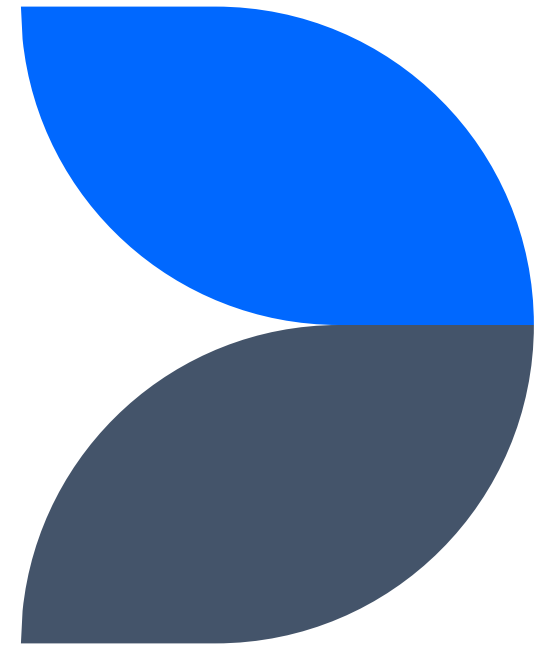
# **Denton County**

## **MHMR**



# Crisis Services

- Crisis Hotline Number  
1 (800)762-0157 or 988
- Psychiatric Triage  
(940) 381-9965, go to option 7



# Mobile Crisis Outreach Team (MCOT)

- There are 2 MCOT teams: Business hours (8-5 pm) and after hours/weekends.
- The MCOT Team Completes a Risk of Harm Assessments (ROH) with individuals experiencing a mental health crisis anywhere in Denton County.
  - Assessments are completed both in person and virtually.
  - Recommendation options are outpatient, inpatient, and involuntary inpatient.
    - An outpatient recommendation could include the individual receiving phone follow ups throughout the day or night, having and ensure safety, or going to the Center's Crisis Residential Unit (CRU).
- The MCOT team is designated to provide 24 hour follow ups with each individual within 24 hours of the ROH assessment.
- The MCOT Team has dedicated case managers who meet with individuals weekly while they are in crisis services.

# Psychiatric Triage Facility

- The Center's Psychiatric Triage Facility, which is available to individuals experiencing a mental health crisis, 24/7, 365 days per year, is located at 2509 Scripture, Denton, Texas.
- The Psychiatric Triage Staff completes a risk of harm assessment for individuals experiencing a mental health crisis.
  - The recommendations and the assessment are the same as that used by MCOT.
- The Psychiatric Triage Staff also complete follow ups, answer phone calls, and assist individuals with other needs.

# Liaison Services

- Hospital Liaison's
  - The Hospital liaison staff complete aftercare appointments with individuals discharging from inpatient treatment and help coordinate services while individuals are receiving inpatient treatment.
- Court Liaison's
  - The Court Liaison's attend Mental Health Court and provide an assessment which determines the least restrictive recommendation for individuals who are in a hospital on an involuntary commitment.
- Jail Liaison's
  - The Center has 4 jail liaison positions who work with individuals while they are incarcerated at the Denton County Jail to help connect them with services and resources in the community.
- School Liaison
  - The Center has a staff that works with Child and Adolescents and their families to help connect them with services in Denton County.
- Crisis Prevention Liaison
  - The Crisis Prevention Liaison (CPL) works to intervene prior to a crisis occurring.
  - They work closely with local law enforcement to engage individuals who are often assessing crisis services.

# Assisted Outpatient Treatment

- New program!!
- SAMHSA 4-year grant.
- Program purpose is to support adults with serious mental illness in a higher level of need (similar to ACT). AOT team works intensely with probate court to determine eligible individuals & community partners to support community-based treatment.

# Local Outreach to Suicide Survivors (LOSS)

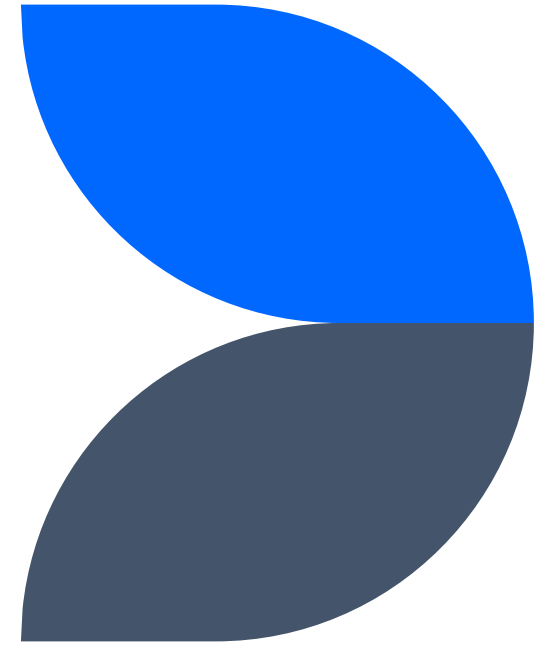
- The LOSS Team partners with the Denton County Medical Examiner and is contacted to respond to a scene when a suicide has occurred. The LOSS Team provides an instillation of support, assist with resources, including scene clean-up, to the individuals' loved ones and to law enforcement, that are on scene.
- The LOSS Team can also complete a delayed response, where the team do not respond immediately but do so at a later time. This occurs at the request of the Suicide Survivor's at the scene.
- The LOSS Team completes follow up calls with individuals after the initial response.

# Crisis Residential Unit (CRU)

- Crisis Residential Unit (CRU) provides short-term community based residential services to individuals 18 years or older that are needing assistance as a step-down from a recent inpatient psychiatric hospitalization, individual released from incarceration, or due to either posing a risk of harm to self or others and/or experiencing thoughts of suicide or psychiatric crisis.
- Individuals can stay up to 14 days at the home, which is voluntary and unlocked.
- CRU provides supervision 24/7 by trained staff. Individual's benefit from this program through daily support groups (life skills), case management, skills training, groups, and potentially counseling.



**Behavioral  
Health/  
Community  
Integration/  
Clinical Services**



# Case Management Services

- Adult (ages 18+) & Child and Adolescent (ages 3-17)
- All individual's served are assigned a case manager who serves as a single point of contact and advocates for the individual.
- They complete and update recovery plans collaboratively with individuals served.
- Skills training is offered to help people move towards independence.

# Assertive Community Treatment (ACT) Team

- The ACT Team is an intensive community-based outreach program that utilizes a team approach when working with individuals to aid in reducing hospitalizations and improve their quality of life.
  - Case Management/Skills Training, nursing appointments, provider appointments, weekly groups, Co-Occurring Psychiatric and Substance Use Disorders (COPSD) services and Vocational services.
  - Individuals are seen more frequently with a minimum of 2 times per week.
- Criteria:
  - 18 years or older
  - Diagnosis of schizophrenia, schizoaffective, bipolar disorder with psychosis, depression with psychosis
  - Multiple hospitalizations or hospitalizations for an extended period of time
  - Agreeable to participate in ACT services

# COMPASS Team (First Episode Psychosis)

- The Compass Team provides support and treatment for individuals who are experiencing their first episode of psychosis. Supports include a wide-range of skills training, symptom management, medication management, employment/education guidance, family and individual education regarding the signs and symptoms, and counseling.
- Individuals should fit the following criteria for eligibility:
  - Individuals must be between 15 to 30 years old
  - Experiencing psychotic symptoms with any diagnoses with initial onset of psychosis in the past 2 years.
- Those experiencing psychosis due to substance use or withdraw and/or suffering from a traumatic brain injury do not qualify for the Compass program.

# Substance Use Services

- Adolescents:
  - 13-18 y/o have access to individual Substance Use Disorder (SUD) counseling with an LCDC.
- Adults:
  - Individual SUD counseling with an LCDC/LCDC I
  - Intensive Outpatient Program (Group counseling)
  - Supportive Outpatient Program (Group counseling for those with 6 months of sobriety).
  - Mental health counseling with an LPC/LPC I.
  - Inpatient and Outpatient Medical Detox for client's struggling with alcohol, benzodiazepines, and/or opioids.
  - Medicated Assisted Treatment for client's struggling with opioids (Suboxone treatment).
  - Free HIV & Hepatitis testing
  - A recovery peer support specialist
  - The Center offer's the first months rent at two different sober living facilities.

# TCOOMMI Services

- The **Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI)** provides pre-release screening and referral to aftercare treatment services for special needs offenders releasing from correctional settings, local jails, or other referral sources.
- TCOOMMI coordinates mental health treatment for individuals reintegrating into the community and utilizes a collaborative approach with multiple systems. This model of care provides for wrap around strength-based programming that reduces recidivism amongst the high-risk population we serve and increase successful reentry.
- Components of program: Treatment teams, psychosocial rehabilitation services, support services through intensive case management, community-based contacts and resources, intensive outreach and engagement.

# Multi-Systemic Therapy Program (MST)

- MST is an evidence-based intervention for youth at high risk of serious consequences due to serious anti-social and/or delinquent behaviors.
- MST operates with a strength-based perspective and works closely with the youth, the family, and other systems in which the youth is involved; such as schools, peers, etc.
- Services take place in the home, school, and or in the community.

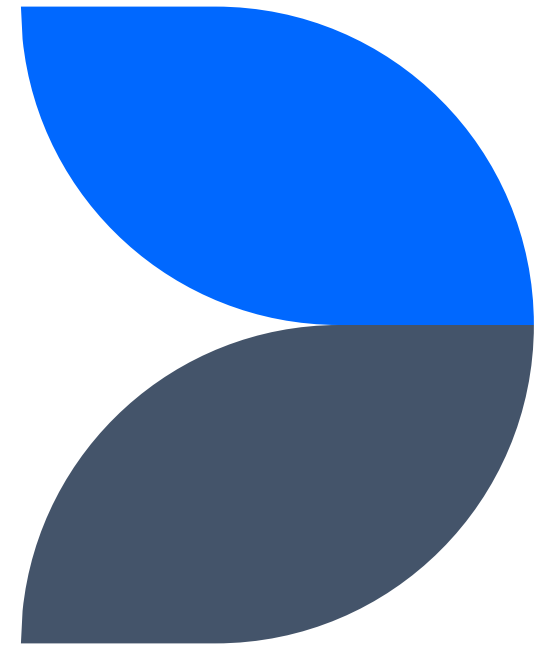
# Peer Support Services

- A peer support specialist is an individual with lived experience.
- By combining their experience with skills learned in formal training they deliver services in behavioral health settings to support long term recovery.
- The Center also has a family partner who works with individuals served and their families to offer support.



# Individuals with Intellectual & Developmental Disability (IDD) Services

- IDD Intake: (940) 565-5249



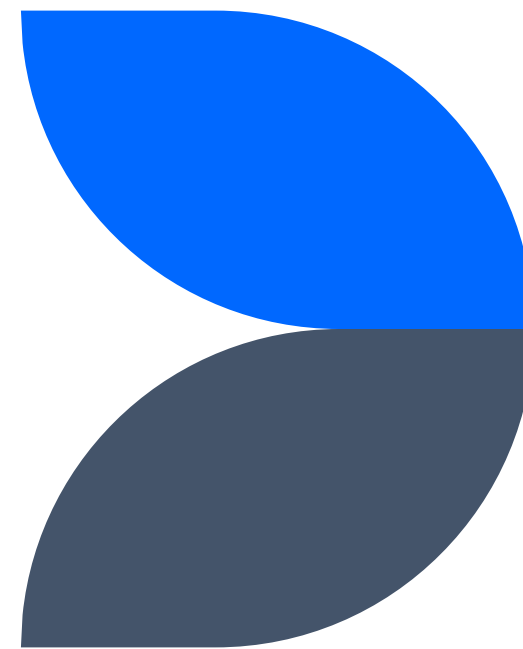
# LIDDA Services

- Denton County MHMR works as the Local IDD Authority (LIDDA) for Denton County. The LIDDA assists eligible individuals tap into state and community IDD programs and services such as GR program, Medicaid Waiver-programs, ICF groups homes, community services, etc.
- **Determination of Intellectual Disability (DID) testing**– Eligibility determination testing to determine if an Individual qualifies for state IDD programs; determine individual’s strengths and intellectual functioning; and assess what type of support is needed for the individual to function as independently as possible in the community or their home.
- **Service Coordination** – Staff help individuals get services and education needed to improve and enhance their life. Services could include educating the individual family about resources, including medical providers, coordinating services.
  - Home and Community Services (HCS) & Texas Home Living (TxHmL) Medicaid Waiver Programs
  - General Revenue program

# LIDDA Services Cont.

- **Community Living Options Information Process (CLOIP)** – Provides information to residents of Denton State Support Living Center (SSLC) to assist in making informed decisions about living options outside the State Supported Living Center.
- **Pre-Admission Screening and Resident Review (PASRR)** – Assists in locating individuals admitting into a Nursing Facility with IDD diagnosis to ensure they are not inappropriately placed for long-term care. Provides habilitation coordination to allow individuals to maintain independence in the least restrictive environment.
- **Crisis Respite and Intervention Services** – Individuals diagnosed with IDD and who are in crisis might be able to receive IDD Crisis Services if available. Crisis Respite is available for up 14 days. Staff are present 24/7 for providing support for developing coping skills, reducing stressors, and strengthening developing functioning.
- **Guardianship Program-** Denton County MHMR's Guardianship program has a Denton County MHMR's Guardianship program offers
  - Guardianship services which supports individuals in need for Denton county
  - Education of guardianship topics to individuals and professionals
  - CEUs for Licensed professionals to attend our guardianship training

# Medical and Nursing



# Psychiatric and Medication Services

- The team includes:
  - Psychiatrists, Psychiatric Nurse Practitioners, Registered Nurses, Licensed Vocational Nurses, and support staff.
- Services include:
  - Psychiatric evaluations, medication management, education on identifying and managing symptoms and side effects.

**Thank you**